

# I KADA DANCE CENTER

PHONE: (201) 429 2891  
WEBSITE: WWW.IKADADANCE.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Healing & Stretching 10:00a.m-11:00a.m		Healing & Stretching 10:00a.m-11:00a.m		Healing & Stretching 10:00a.m-11:00a.m	K-Pop (All Ages) 11:00a.m-12:00p.m
Line Dance 11:15a.m-12:15p.m	Ballet (Adults) 11:00a.m-12:30p.m	Line Dance 11:15a.m-12:15p.m	Ballet (Adults) 11:00a.m-12:30p.m	Jazz Dance 11:15a.m-12:15p.m	<i>K-Pop Trainee Group (Sunday) 1:00p.m-3:00p.m</i>
Ballet (8-10) 3:40p.m-4:30p.m	K-Pop (7-10) 3:40p.m-4:30p.m	Ballet (5-7) 3:40p.m-4:30p.m	Stretch Therapy (7-17) 4:00p.m-4:50p.m	Ballet (7-10) 3:40p.m-4:30p.m	<i>K-Pop Rehearsals (Sunday) 3:30pm-4:30 pm</i>
K-Pop (7-10) 4:40p.m-5:30p.m	K-Pop (11 & up) 4:40p.m-5:40p.m	K-Pop (7-10) 4:40p.m-5:30p.m	Korean Traditional Vocal (6-17) 5:00p.m-6:00p.m	<i>Hip-Hop Rehearsals 4:40p.m-5:40p.m</i>	Ballet (7 - 10) 12:15pm-1:05pm
Modern Dance 6:00p.m-7:00p.m	Ballet (11 & Up) 6:00p.m-7:30p.m	K-Pop (11 & Up) 5:40p.m-6:40p.m	Gayaguem (6-17) 6:05p.m-7:15p.m	K-Pop (11 & Up) 5:40p.m-6:40p.m	<i>Ballet Rehearsals 1:30pm-2:30pm</i>
Contemporary Dance 7:00p.m-8:30p.m	Zumba (Adult) 7:40p.m-8:40p.m	Hip-Hop 7:00p.m-8:00p.m	Healing & Stretching 7:15p.m-8:15p.m	Hip-Hop 7:15p.m-8:15p.m	