

I KADA DANCE CENTER

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WEBSITE: WWW.IKADADANCE.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Healing & Stretching 10:00a.m-11:00a.m		Healing & Stretching 10:00a.m-11:00a.m		Healing & Stretching 10:00a.m-11:00a.m	Ballet 1 (ABT Curriculum) 10:00a.m-11:00a.m
Line Dance 11:15a.m-12:15p.m	Ballet (Adults) 11:00a.m-12:30p.m	Line Dance 11:15a.m-12:15p.m	Ballet (Adults) 11:00a.m-12:30p.m	Jazz Dance 11:15a.m-12:15p.m	K-Pop (All Ages) 11:15a.m-12:15p.m
Kid's Stretching & Yoga 3:40p.m-4:30p.m	Modern Dance Level 1 (7-10) 3:40p.m-4:30p.m	Ballet (5-7) 3:40p.m-4:30p.m	Music Jump Rope (7-10) 4:00p.m-4:50p.m	Ballet (5-7) 3:40p.m-4:30p.m	K-Pop Trainee Group (Sunday) 1:00p.m-3:00p.m
K-Pop (7-10) 4:40p.m-5:30p.m	Ballet (8-10) 4:40p.m-5:40p.m	K-Pop (7-10) 4:40p.m-5:30p.m	Korean Traditional Dance (5-10) 5:00p.m-5:50p.m	Ballet (8-10) 4:40p.m-5:40p.m	Ballet 2 (ABT Curriculum) 12:30p.m-2:00p.m
Modern Dance Level 2 6:00p.m-7:00p.m	Ballet (11-18) 6:00p.m-7:30p.m	K-Pop (11 & Up) 5:40p.m-6:40p.m	Korean Dance Samgomu Drum 6:00p.m-7:00p.m	K-Pop (11 & Up) 5:40p.m-6:40p.m	Ballet 3 (ABT Curriculum) 2:30p.m-4:30p.m
Contemporary Dance 7:00p.m-8:30p.m	Zumba (Adult) 7:40p.m-8:40p.m	Healing / Stretching 7:00p.m-8:00p.m	Contemporary Dance 7:15p.m-8:15p.m	Hip-Hop 7:15p.m-8:15p.m	Cuban Salsa (Beginners) 6:00p.m-7:00p.m
					Zumba (Adult) 7:10p.m-8:10p.m